



YMCA

STARTUP BOOTCAMP CALL FOR PROJECTS



1.GENERAL INFO

The new YMCA Incubator

Transforming your region. Promoting innovation in our communities. Empowering young people for active participation and socially driven entrepreneurship. StartUp YMCA is the first YMCA incubator, meant to be an engine for incubation and acceleration of business and non-business entrepreneurs willing to solve a regional, national or international problem through an innovative project. As we guide, advise and prompt networking between the incubated projects and our partnerships, we aim to provide the best mentorship and collaborative partners for these fresh concepts.

Call for projects - Startup YMCA Bootcamp

We're launching a Call for Projects for all YMCA Youth groups aged 18-30 with no limits on the number of young people that can participate. The selected projects will be chosen to participate in Startup YMCA Bootcamp, without any associated expenses at the location (including accommodation and food). **The cost of transportation has to be supported by the participants or their local branches of YMCA.**

The bootcamp will be on **June 4th, 5th and 6th** at **YMCA Alambre Camp in Setúbal, Portugal.**

The StartUp YMCA Bootcamp will provide a chance to generate, discuss, and implement innovative solutions to address social and environmental challenges by launching a project or launching a social enterprise. We're convinced that the global involvement of YMCA's youth (aged 18-30) will make a difference, not only inside the organization, but also take those projects back home and make an impact in our communities.

Applications

From **February** to **April** applicants need to fill in a online form. You also need to send us your Europass CV and a project description (if you have one already).

For groups, there is a limit of 2 people per group/project.

Applicant's Profile

Age: from 18 to 30 years old.

Good level of English: mandatory, for the Bootcamp's official language will be English.

We are looking for people with new ideas and the will to make change happen through social entrepreneurship with a sustainable business model. Everyone is free to apply to this Open Call and attend the bootcamp.

As we choose within the applicants, we value the applicant's experience in social work (or YMCA volunteers) and the applicant's knowledge or practice in business.

Proposed calendar

- **February 19th:** The Open Call for Projects is published and open for applications
- **March 31st:** Call for Projects closes for new applicants
- **From April 1st to the 8th:** We will choose within the applications and contact those projects /people to start organizing the trips to Portugal.
- **June 4th, 5th and 6th:** Bootcamp Startup YMCA

2. LOCATION INFO

Portugal

Embark on an unforgettable journey as Portugal opens its arms to host the first Startup YMCA Bootcamp.

A country where vibrant traditions meet the modern world, Portugal promises an immersive experience that will leave you enchanted and craving for more. Our country, known for its warm hospitality, diverse landscapes, and rich culture, invites you to explore a world of possibilities.

From the sunny beaches to the green mountains, immerse yourself in Portugal's captivating history and wilderness.



Setúbal

Setúbal, where sun-soaked beaches meet lively street vibes!

Just 40 min outside Lisbon and integrated in the Lisbon Metro Area, this coastal gem in southern Portugal is all about good times and even better views. Whether you're catching waves at Praia da Figueirinha or chilling with locals in the buzzing city center, Setúbal's youthful energy is contagious.

Setúbal is your playground by the sea – adventure awaits, from water sports to exploring historic streets. Embrace the carefree spirit of Setúbal for an unforgettable young traveler's experience. Join us in for a Bootcamp in the wilderness of Arrábida Mountain Range, a picturesque mountain range known for its stunning landscapes, pristine beaches, and diverse flora and fauna.

Let the magic of our city captivate you, making your experience truly extraordinary!



YMCA Setúbal

The YMCA was founded in Setúbal in 1905 under the name of the Christian Youth Union, and in 1920 it became the Christian Youth Association (YMCA). From 1930 onwards, during the dictatorship, the association was forgotten and remained dormant until 1975, when Dr. Mário de Melo Pereira returned to give life to the YMCA. In 2017, at a Board meeting, the new statutes were approved, adopting the international acronym YMCA, by which we are known in the more than 120 countries where we are present.

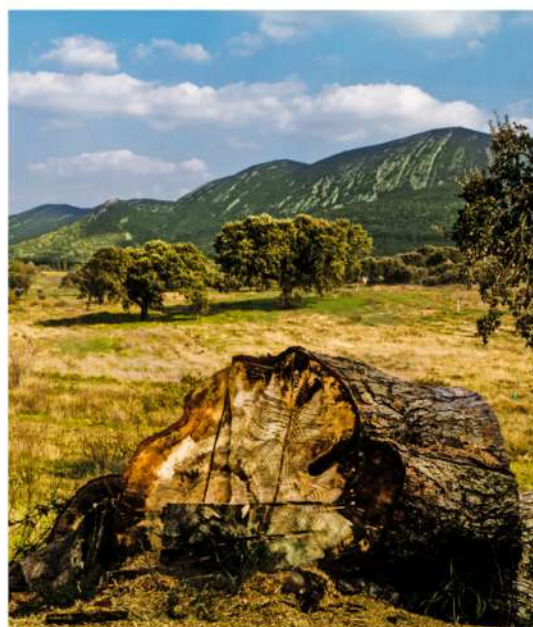
YMCA Setúbal is an IPSS (Private Institution of Social Solidarity) that employs about 100 people, and is located in 6 Centers spread throughout the Municipality of Setúbal. It develops a wide variety of programs including camps, support for community families, food bank, social actions, gyms, swimming lessons, as well as children's programs for nursery, kindergarten and leisure activity centers, vocational training and apprenticeship center. The latest addition to our programs is StartUp YMCA.



YMCA Setúbal Camp Alambre

The space where the YMCA Camp Alambre is located was designed to be the gateway to Arrábida Mountain Range. It was created in 1998 by the Institute for Nature Conservation and Forests (ICNF), with the aim of raising awareness of nature preservation and valuing protected areas as places of high national interest, as is the case of the Arrábida Natural Park.

In 2008, the YMCA, with the support of the ICNF, became a managing and investing entity in the recovery of the bungalows and the Environmental Park.



3. ESSENTIAL INFO FOR APPLICANTS

This chapter will give you **essential info** on **what we provide** and **what we are not able to provide**.

YMCA Setúbal will provide

- Accommodation in the camping area of YMCA Camp Alambre
- Transfer from Lisbon Airport to YMCA Camp Alambre
- Personal accidents insurance
- Meals will be provided by YMCA Setúbal

YMCA Setúbal will not provide

- Flights / Bus tickets to Portugal

To apply to this Open Call and to apply to StartUp YMCA Bootcamp there is no additional fee.

What need to bring with you

Take in consideration summer in our venue can very hot with sunny day, but at night might be fresh, windy and cold.

- Sleeping bag
- Flashlight
- Small backpack for outings
- Cap or hat
- Coat
- Warm clothes for the night
- Comfortable shoes
- Sunscreen
- Insect repellent
- Slippers
- Bath towel
- Hygiene products
- Bottle/ cante

How to apply

To apply to this open call, you can fill the form on the following link:

<https://forms.office.com/e/JfiJEMqeJg>

This form will ask you for personal, academic and professional information.

You should also send you **Europass CV** and your **project document** (if you have one) to the following e-mail address: startup@ymcasetubal.org

Feel free to apply to this Call under any conditions as we built the form and the **selection criteria** to be as **wider and inclusive as its possible**, open for **any stages of your project**, even if its just a one sentence idea.

We want to insist that we value you experience in social work or YMCA volunteering.

Nonetheless, these areas **are not a exclusive criteria**: we value **good ideas and strong motivations** to apply and participate to this Call for Projects.